

Baby-Friendly™ Initiative

Hospital Checklist


Is your organization on track?

Embark on the journey of BFI by beginning a conversation about your practices to protect, promote and support breastfeeding as a strategy to increase the health and well-being of children and families in New Brunswick.

Does your hospital:

- | | Yes | No |
|--|--------------------------|--------------------------|
| • Have a written breastfeeding policy that is routinely communicated to all health care staff? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Train all health care staff in the knowledge and skills necessary to implement this policy? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Inform all pregnant women about the management of breastfeeding and the risks of artificial feeding? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Help mothers initiate breastfeeding preferably within the first half-hour? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Show mothers how to breastfeed and how to maintain lactation if they should be separated from their infants or be unable to breastfeed for any reason? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Give newborn infants no food or drink other than breast milk, unless medically indicated? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Practice rooming-in, allow mothers and infants to remain together 24 hours a day? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Encourage breastfeeding on cue? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Give no pacifiers or bottles to breastfeeding infants? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Foster the establishment of breastfeeding support and refer mothers to them on discharge from the hospital or clinic? | <input type="checkbox"/> | <input type="checkbox"/> |

To learn more about the Baby-Friendly™ Initiative visit www.gnb.ca, keyword: health

New  Nouveau
Brunswick
C A N A D A



New Brunswick Baby-Friendly™ Initiative
Advisory Committee