

Breastfeeding Supports & Resources

Restigouche Region

Clinics	Online Support	Program
<p>Campbellton Regional Hospital Monday to Friday 8:00 am to 16:00 pm Call for appointment 789-5189 Or 789-5535</p>	<p>Provincial Facebook page www.facebook.com/BreastfeedingNB.AllaitementNB</p> <p>Regional Facebook page Allaitement Restigouche Breastfeeding http://www.facebook.com/pages/Allaitement-Restigouche-Breastfeeding/138463246213762</p> <p>Resources on infant care and feeding www.gnb.ca/healthypeople</p> <p>A New Life online modules https://nb.unvanl.ca/ (English) https://nb.unvanl.ca/fr (French)</p>	<p>Public Health Healthy Families, Healthy Babies</p> <p>Campbellton: 789-2266</p> <p>Restigouche Resource Centre for parents Pre and postnatal education program: 753-4172</p>
Prenatal Classes	Breastfeeding Support Groups	Help Lines
<p>Classes may be offered differently during the pandemic</p> <p>Restigouche Resource Centre for Parents Call to register 753-4172</p> <p>Free! The Prenatal Breastfeeding Class online version gnb.ca/breastfeeding</p> <p>New Brunswick Public Libraries</p> <p>Books and e-books on breastfeeding</p> <p>http://www.gnb.ca/publiclibraries</p>	<p>Call for information as some groups have resumed at the Family Resource Centres with precautions in place</p> <p>Restigouche Family Resource Centre Postnatal program 753-4172</p> <p>http://www2.frc-crf.com/campbellton/</p> <p>https://www.facebook.com/groups/162999673856661/</p>	<p>Campbellton Regional Hospital Monday to Friday 8:00 am to 16:00 pm 789-5189</p> <p>Public Health Monday-Friday 8:00 am to 16 :00 pm 789-2266</p> <p>Tele-Care - 811 24 hours a day, 7 days a week</p>

June 2022